

MPCE

**MASTER'S DEGREE PROGRAMME
IN PSYCHOLOGY**

Assignments

(For M.A IInd Year Courses)

For July 2011 and January 2012 Sessions



**School of Social Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110068**

M.A. IInd Year (Psychology)

MPCE-011, 012, 013

MPCE-021, 022, 023

MPCE-031, 032, 033

Tutor Marked Assignment

2011-12

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master's Degree Programme in Psychology. Each assignment has 10 questions which have to be answered.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission:

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2011 Session	March 31, 2012	To
For January, 2012 Session	September 30, 2012	The Coordinator of the Study Centre allotted to you

Please obtain a receipt from the Study Centre for the assignments submitted and retain it. If possible, keep a Xerox copy of the assignments with you.

The Study Centre will return the assignments to you after they are evaluated. Please insist on this. The Study Centre has to send the marks to the S.E Division at IGNOU, New Delhi.

GUIDELINES FOR DOING ASSIGNMENTS

We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:

- 1) **Planning:** Read the assignments carefully, go through the Units on which they are based. Make some points regarding each question and then rearrange them in a logical order.
- 2) **Organisation:** Be a little selective and analytic before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion.
Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs, and
 - c) is written correctly giving adequate consideration to your expression, style and presentation.
- 3) **Presentation:** Once you are satisfied with your answer, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.

Wishing you all the best,

Discipline of Psychology
IGNOU, New Delhi

PSYCHOPATHOLOGY (MPCE 011)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-011

Assignment Code: MPCE-011/ASST/TMA/2011-12

Marks: 100

**Note: All questions carry equal marks. You are required to answer all the questions.
Each answer should be in about 500 words.**

1. Define Autism. Describe the symptoms of autism. Being a clinical psychologist, what guidelines will you suggest to the parents for early identification of autism in their children? 2 + 6 + 2
2. Explain the biological and psychological factors causing panic disorder with suitable case examples. 10
3. What is post traumatic stress disorder? Describe its symptoms and clinical features. 3 + 7
4. What do you mean by substance induced psychotic disorders? How does it differ from other psychotic disorders? 5 + 5
5. Explain the nature of bipolar disorder. Discuss its causes. 4 + 6
6. Describe any four mood disorders due to general medical condition. 10
7. Define Histrionic personality disorder. Describe the different modes of treatment for it 4 + 6
8. Discuss the clinical features and the causes of borderline personality disorders. 5 + 5
9. Differentiate between mild, moderate and major depressive disorder. 10
10. Write Short Notes on the following: 5 + 5
 - a) Treatment of Schizophrenia
 - b) Psychosocial causes of psychopathologies

PSYCHODIAGNOSTICS (MPCE-012)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-012

Assignment Code: MPCE-012/ASST/TMA/2011-12

Marks: 100

Note: All questions carry equal marks. You are required to answer all the questions. Each answer should be in about 500 words.

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| 1. | Define psychodiagnostics and highlight the stages of psychodiagnostics. | 3+7 |
| 2. | Discuss definition and purpose of clinical assessment. | 10 |
| 3. | Highlight any three ethical issues that you feel are of utmost importance in assessment. Give reason. | 10 |
| 4. | Describe direct observation and self monitoring. | 5+5 |
| 5. | Discuss in detail skills and techniques involved in assessment interviews. | 10 |
| 6. | Discuss in detail formats for psychological reports. | 10 |
| 7. | Discuss in detail the Haufmann Kasanin Concept Formation Test and the twenty questions Task. | 5+5 |
| 8. | Define Creativity. Discuss SOI Assessments (Structure of Intellect Assessments) and Torrance Tests of Creative Thinking (TTCT) in detail. | 2+4+4 |
| 9. | Discuss personality testing with a focus on The Minnesota Multiphasic Personality Inventory. | 10 |
| 10. | Discuss Rorschach Inkblot test with a focus on reliability and validity of its scores. | 10 |

PSYCHOTHERAPEUTIC METHODS (MPCE 013)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-013
Assignment Code: MPCE-013/ASST/TMA/2011-12
Marks: 100

Note: All questions carry equal marks. You are required to answer all the questions. Each answer should be in about 500 words.

1. Discuss Freudian psychoanalysis as a therapeutic method. 10
2. Which psychotherapy would you suggest for psychopathologies in children? Discuss. 10
3. Discuss the concept and application of cognitive behavior therapy. 6+4
4. Explain the techniques of behavior modification with reference to classical conditioning and operant conditioning. What is the major difference in both the approaches? Outline major drawbacks in both the techniques. 5+3+2
5. Discuss the concept of integrative and multimodal psychotherapy. How and why these methods came into existence? 10
6. Write an essay on Roger's Client Centered therapy. 10
7. Explain: 5+5
 - (a) Family therapy
 - (b) Short term therapy
8. Which therapy would you prefer for conduct disorders and depression in adolescents? Why, discuss. 5+5
9. Discuss psychotherapies used for problems of old persons. What is the main difference between the therapies used for older persons and other groups? Discuss. 7+3
10. Discuss the importance of psychotherapies with reference to cancer and AIDS patients. 10

GROUP B: COUNSELLING PSYCHOLOGY(MPCE-021)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-021

Assignment Code: MPCE-021/ASST/TMA/2011-12

Marks: 100

Note : All questions carry equal marks. You are required to answer all questions. Each answer should be in about 500 words.

1. Define counseling. Highlight the significance of first stage in the process of counseling. 10
2. What is Transactional Analysis? Explain the role of counselor in this technique. 10
3. Highlight the ethical principles of counseling. 10
4. Differentiate between behaviour therapy and cognitive-behaviour therapy. 10
5. What is Solution Focused Brief Therapy? Discuss the various rules that guide SFBT. 10
6. What are the steps and techniques in Art Therapy? 10
7. Briefly describe the pretest and post test discussion with a person who has come for HIV testing. 10
8. Define substance abuse. What are the counseling techniques that may be used for treatment of addiction and anxiety? 10
9. Delineate the criteria for formal diagnosis of major depression and dysthymic disorder. Explain the significance of different approaches in treating depression. 10
10. Write Short Notes on the following: 5+5
 - a) Treatment of Schizophrenia
 - b) Psychosocial causes of psychopathologies

ASSESSMENT IN COUNSELLING AND GUIDANCE(MPCE 022)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-022
Assignment Code: MPCE-022/ASST/TMA/2011-12
Marks: 100

Note: All questions carry equal marks. You are required to answer all the questions. Each answer should be in about 500 words.

1. What do you mean by psychological assessment? Elaborate the main principles of psychological assessment. 3 + 7
2. Why do you need psychological tests? As a counselor, how will you select a good psychological test? Describe the different types of psychological tests. 2 + 4 + 4
3. Discuss the various factors leading to errors in assessment. 10
4. Describe the various phases of counselling as propounded by Adler. 10
5. Discuss the nature of the relationship between the client and the counselor in the Rogerian approach to counselling. 10
6. Describe the steps followed by a counselor in the career planning process. 10
7. Define multiculturalism. Trace the history of multiculturalism. 3+7
8. As a counselor in the school, describe the different steps you will follow in developing a guidance and counselling programme in your school. 10
9. You are a counselor in the school. Develop a plan for organizing guidance and counselling programme for the students of secondary stage in your school. 10
10. Write Short Notes on the following: 5+5
 - a) Guidance Services
 - b) Types of Guidance and Counselling

INTERVENTIONS IN COUNSELLING (MPCE - 023)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-023

Assignment Code: MPCE-023/ASST/TMA/2011-12

Marks: 100

Note: All questions carry equal marks. You are required to answer all the questions. Each answer should be in about 500 words.

1. Define Interpersonal counselling. Discuss the stages of interpersonal counselling. 4+6
2. Describe the symptoms of ADHD. Discuss the techniques for helping children with ADHD. 4+6
3. What do you mean by systematic desensitization? Describe the method in detail with an example. 3 + 7
4. Discuss the application of cognitive therapies in counselling in the classroom and school context. 10
5. Write Short notes on the following:
 - a) The Miracle Question
 - b) Reality Therapy and Choice Theory
6. What do you mean by marriage counselling? Why is it important to understand the dynamics underlying marriage counselling? 3 + 7
7. Describe the group approaches according to various psychological theories. Discuss the different criteria to be followed by counselor for selection of group members. 5 + 5
8. Describe the different factors that a counselor needs to keep in mind before the starting of the counselling. 10
9. Give a critical analysis of the role played by NIMHANS and NCERT in contributing to the field of clinical and counselling psychology. 10
10. Write Short Notes on the following:
 - a) Stages in couple counselling
 - b) Encounter Groups

ORGANIZATIONAL BEHAVIOR (MPCE-031)
TUTOR MARKED ASSIGNMENT
TMA

Course Code: MPCE-031
Assignment Code: MPCE-031/ASST/TMA/2011-12
Marks: 100

Note: Attempt all the questions. Each question carries 10 marks. You are supposed to answer the questions in about 500 words.

1. What do you understand by the term “Organizational Psychology”? Differentiate between the scope of industrial and organizational psychology. 4+6
2. What do you understand by the term ‘organization’? Briefly explain the different types of organizations. 3+7
3. Sketch out the phases of development of ‘organizational behavior’ as an important field in Indian context with the help of suitable examples. 10
4. Write short notes on- 5+5
 - a) Characteristics of Organizational Behavior
 - b) Supportive and Collegial model of organization
5. Describe the systematic steps with the help of which a team can be effectively trained? 10
6. Explain the different types of leadership. Discuss the various approaches of leadership. 5+5
7. Explain the behavioristic and cognitive theories of learning. 10
8. What is Organization Behavior Management (OBM)? Describe the ethics of OBM. 10
9. How do you define conflict? What are the different types of conflict? Explain the different steps of conflict resolution. 2+3+5
10. Write short notes on- 5+5
 - a) Functions of management
 - b) Total Quality Management and Quality Control Circles

HUMAN RESOURCE DEVELOPMENT (MPCE-032)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-032
Assignment Code: MPCE-032/ASST/TMA/2011-12
Marks: 100

Note: All questions carry equal marks. You are required to answer all the questions. Each answer should be in about 500 words.

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| 1. | Discuss in detail the concept of Human Resource Planning. | 10 |
| 2. | Explain the ways of integrating Human Resource in Strategic Planning. | 10 |
| 3. | Describe Six Sigma interventions in Human Resource Professions. | 10 |
| 4. | Define Human Resource Management and delineate its functions. | 3+7 |
| 5. | Discuss in detail the meaning and importance of training and development. | 5+5 |
| 6. | Explain the role of Human Resource Management in Globalization. | 10 |
| 7. | Describe Labour laws and discuss categories of industry/organization under Indian Labour Laws. | 4+6 |
| 8. | What do you mean by work place violence? Describe the types of workplace violence. | 3+7 |
| 9. | Discuss in detail the Corporate Social Responsibility. | 10 |
| 10. | Define performance appraisal. Discuss any two modern methods of performance appraisal. | 3+7 |

ORGANIZATIONAL DEVELOPMENT (MPCE 033)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-033
Assignment Code: MPCE-033/ASST/TMA/2011-12
Marks: 100

Note: All questions carry equal marks. You are required to answer all the questions. Each answer should be in about 500 words.

1. What do you understand by organizational development (OD)? How can you say that organizational culture and values are important for organizational development? 5+5
2. Who is an organizational development practitioner? Explain how to design effective intervention for OD. 3+7
3. What is first and second order change? Support your answers with suitable examples. 10
4. Elaborate the phases of organizational diagnosis. 10
5. Explain the meaning of change. Discuss Lewin's model of change. 3+7
6. Why is programme evaluation significant for OD? Kirkpatrick's model is more effective for programme evaluation in OD. Comment. 3+7
7. Explain the programme that may be carried out for implementing participation and empowerment. 10
8. Discuss the various barriers to effective teamwork and suggest suitable solutions to enhance teamwork. 5+5
9. Define organizational change. Elucidate the various approaches to organizational change. 3+7
10. Highlight the importance of mentoring in today's organization. 10