DR. A.P.J. ABDUL KALAM TECHNICAL UNIVERSITY LUCKNOW



Evaluation Scheme & Syllabus

for

Bachelor of Hotel Management First Year (BHMCT)

On

Choice Based Credit System

(Effective from the Session: 2016-17)

FIRST SEMESTER

S. No	Subject Code	Subject Name	L-T-P	Th./La b Marks (ESE)	Ses	sional	Total	Credit
					Test	Assig n/Att.		
1	RHM-101	FOOD PRODUCTION-I	310	70	20	10	100	4
2	RHM -102	FOOD AND BEVERAGE SERVICE -I	310	70	20	10	100	4
3	RHM-103	FRONT OFFICE -I	310	70	20	10	100	4
4	RHM -104	HOUSEKEEPING -I	300	70	20	10	100	3
5	RHM - 105	BUSINESS COMMUNICATION	200	70	20	10	100	2
6	RHM-106	INTRODUCTION TO HOSPITALITY INDUSTRY	200	70	20	10	100	2
		PRACTICAL						
7	RHM-151	FOOD PRODUCTION-I	004	50		50	100	2
8	RHM-152	FOOD AND BEVERAGE SERVICE -I	002	50		50	100	1
9	RHM-153	FRONT OFFICE -I	002	50		50	100	1
10	RHM-154	HOUSE KEEPING -I	002	50		50	100	1
	TOTAL						1000	24

ESE- End Semester Examination

L/ T/ P – Lecture/ Tutorial/ Practical

Note: Duration of ESE shall be 3 (Three) Hrs. for all Theory Subjects

SECOND SEMESTER

S. No	Subject Code	Subject Name	L-T-P	Th./Lab Marks (ESE)	S	essional	Total	Credit
					Test	Assign/Att.		
1	RHM-201	FOOD PRODUCTION- II	310	70	20	10	100	4
2	RHM-202	FOOD AND BEVERAGE SERVICE -II	310	70	20	10	100	4
3	RHM-203	FRONT OFFICE -II	310	70	20	10	100	4
4	RHM-204	HOUSE KEEPING -II	300	70	20	10	100	3
5	RHM-205	NUTRITION	200	70	20	10	100	2
6	RHM-206	FRENCH	200	70	20	10	100	2
		PRACTICAL						
7	RHM-251	FOOD PRODUCTION- II	004	50		50	100	2
8	RHM-252	FOOD AND BEVERAGE SERVICE -II	002	50		50	100	1
9	RHM-253	FRONT OFFICE -II	002	50		50	100	1
10	RHM-254	HOUSE KEEPING -II	002	50		50	100	1
		TOTAL					1000	24

ESE- End Semester Examination

L/ T/ P – Lecture/ Tutorial/ Practical

Note: Duration of ESE shall be 3 (Three) Hrs. for all Theory Subjects

FOOD PRODUCTION - I (RHM -101)

OBJECTIVE:- At the end of the course the students should:

Know the history of cooking, its modern developments and develop brief idea of Professional Cookery; Understand the professional requirements of kitchen personnel and the importance and maintenance of hygiene; Have insight of kitchen organization, duties and responsibilities of kitchen staff, workflow, and Kitchen equipments; Have through knowledge of methods of cooking and understanding raw materials. Know in detail about Indian cuisine.

UNIT - 1	Professional Kitchen & Cooking: -Culinary history and origin of modern cookery Introduction, Definition, and its importance; Personal & Kitchen Hygiene, Uniform, Protective clothing, Kitchen Layouts(Basic, Bulk and Show kitchens), Hierarchy of Kitchen Department, Classical Kitchen Brigade , , Modern Staffing in various hotels, Duties & Responsibilities of various chefs in kitchen, their attributes; coordination of kitchen with other departments			
UNIT – 2	KITCHEN EQUIPMENTS : Kitchen Equipments, Classification, Descr Usage, Upkeep and Storage, Kitchen Tools Workstations, Safety Procedures	iption, s, Knives, Their Usage, Care & Maintenance,		
UNIT – 3	BASIC METHODS OF COOKERY: Modes of Heat Transfer ,Various methods of Cooking: Definition, Rules, Associated Terms, Moist Methods: Boiling, Poaching, Steaming, Stewing, Braising. Dry Methods: Frying, Grilling, Roasting, Broiling, Baking. Modern Methods			
UNIT - 4	 UNDERSTANDING RAW MATERIALS: Understanding of common ingredients classification and available forms, Uses and storage Salt, Liquids, sweetening, Fats, and Oils, Raising or Leavening agents. Thickening and binding agents, Flavorings and seasoning. STOCKS & SAUCES : Stocks: Introduction, Classification, Usage, Preparation Sauces: Introduction, Classification, Usage, Thickening Agents, Preparation of Mother Sauces, Understanding their derivatives, propriety sauces, making of good sauce . 			
	FOOD PRODUCTION -I	(RHM -151)		
PRACTICALS > Understanding Personal Hygiene & Kitchen Hygiene Cuts of vegetables□ > Grooming for Professional Kitchen – Do's & Don't's Julienne > Understanding kitchen Layouts. Jardinière > Familiarization with kitchen equipments and tools Jardinière > Fuels – Their usage and precautions Dices > Kitchen First Aid Cubes > Handling Fire Macedoine > Familiarization, identification of commonly used ingredients in kitchen Shredding > Preparation of Stocks, Mother Sauces and at least two derivatives each. Mire- poix				
References:- Theory Of Cookery – Krishna Arora Modern Cookery – Thangam E. Phillip Jane Grigson : The Book of Ingredients J. Inder S. Kalra : Prasad Cooking Lerol A. Polsom : The Professional Chef				

FOOD & BEVERAGE SERVICE -I (RHM -102)

OBJECTIVE:- By the end of the semester the students should be able to: Develop an -insight -into the growth of catering Industry. In the world from medieval period till recent times. Understand the different components of the catering industry) the functions of various departments of a hotel, and their relationship with Food & Beverage service department, in order to acquire professional competence at basic levels in the principles of Food service and its related activities. Understand the role of F & B department its functions and staffing. Understand different non-alcoholic beverages with their preparation and services.

its functions and su	Food and Beverage Services: - Introduction		* *	
UNIT - 1	Establishments, their importance; Person F&B Service Outlets & Familiarization	al Hygi with the	ene, Uniform & Grooming Standards, eir Layouts(Tea Lounge, Coffee Shop,	
	Restaurant, Banquets, Staff Cafeteria), H Service Brigade, Modern Staffing in vario employees in F&B Service, their attribu- departments.	us hote	ls, Duties & Responsibilities of various	
	Food Service Equipments : Food Service	Equipm	ents, Classification,	
UNIT – 2 Description, Usage, Upkeep and Storage, Food Service Tools, Their Usage, Care Maintenance, Side Stations, Safety Procedures Table Crockery, Cutlery, Glassware Glassware not included) care and maintenance of equipments, disposables Conditional Sweeteners,			le Crockery, Cutlery, Glassware (Bar	
UNIT – 3	MENU – Concept, Types, Salient Feature Layout of Table, Napkin Folding (At least Ancillary department –Pantry, still room,	Теп Тур	bes), Receiving and Greeting the Guests.	
	Food Service- : Introduction, Classificatio			
UNIT - 4	UNIT - 4 Preparation for Services, Mise-en-place and Mise-en-scene, arrangement and setting up station, Par stocks maintained at each side station, Functions performed while holding station, Method and procedure of taking a guest order, emerging trends in Food Service and salient features			
	FOOD & BEVERAGE S	ERVI	CE –I	
	(RHM -152)			
	PRACTICALS)		
v Understand Hygiene	ing Personal Hygiene & Food Service	V	Understanding Service Methods, Setting up of Side Station, Table	
v Grooming Don'ts	for Professional Food Service – Do's &		Layouts, Napkin Folding and Presenting Menus.	
tools	ion with Food Service equipments and	V	Understanding Food Service Outlets	
v Familiarization, identification of crockery, cutlery, hollowware, flatware and tableware in F&B Outlets				
References:-				
	ndrews: F & B Service Trg. Manual			
	Lillicrap: F & B Service			
	leg: Professional Restaurant Service			
	rghese: Professional F& B Service Manageme nu, Gupta Nitin & Gaurav : Lexicon of hospita			
	leppner & Deegan: Introduction to F&B Servi			
Brown, heppiler & Deegan. Introduction to Feed Service				

FRONT OFFICE -I (RHM -103)

OBJECTIVE:- The Student will be aware and get knowledge about: Classification and categorization of Hotels and its Evolution. - With Diagrams Duties & responsibilities of the staff in the different sections. Identify Market segment. Types of rooms, food plan, Tariff and room rent. Importance, Modes, Tools of reservation.

	INTRODUCTION TO FRONT OFFICE		
UNIT - 1	Introduction to front office as an department. Importance and role of front office .		
	Functions of front office ,Types of hotel rooms ,Attributes of front office staff members		
	.Duties and Responsibilities of front office staff		
	LAYOUT OF FRONT OFFICE DAPARTMENT		
	Front Office Layout -Sections of the front office department and their layout and		
UNIT – 2	importance – Reservation, Reception, Concierge, Bell desk, Lobby, Telephones, Cashier,		
	Inter and Intra- department coordination. Equipments and front office systems,		
	FRONT OFFICE ORGANIZATION AND OPERATIONS:		
UNIT – 3	Organization structure of Front Office of small /medium and large hotels . Front desk		
	operations & functions, Equipments handling at front office – Room Rack, Mail Message,		
	and Key Rack, Reservation Racks, Information Rack, Folio Trays, Account Posting		
	Machine, Voucher Rack, Cash Register Support Devices, Telecommunications		
	Equipments, rooms and plans, Basis of Room charging, Tariff fixation, Introduction to the guest cycle,		
	RESERVATION OPERATIONS:		
	Meaning of reservation ,Importance of reservation section ,Types of reservation ,Modes		
UNIT - 4	and sources of reservation. Different channels of reservation .Tools of reservation		
	.Systems of reservation-Hotel diary system, Whitney system, computerized system		
	.reservation amendment and cancellation procedure. Group reservation		
	FRONT OFFICE -I		
	(RHM -153)		
	PRACTICALS		
1. Receiving telepho			
2. Familiarization of			
 Receiving reservation requests. Finding room availability on Advance letting chart, updating it 			
5. Finding room availability on Density Control chart, updating it			
U	6. Updating Hotel diary and preparation of movement list.		
	7. Handling Cancellation and Amendments.		
References:-			
	his L. Foster: Back Office Operation & Admn.		
	nis L. Foster: Front Office Operation & Admn nir Andrews: Hotel Front Office		

HOUSEKEEPING -I				
(RHM -104)				
Organization, fur Housekeeping co	Idents will get knowledge about Inction of Housekeeping department and its D pordination with different departments, Proce Inents and cleaning agent. Lost and found proc Hotel Housekeeping:	dure of cleaning different status of room.		
UNIT - 1	Introduction, Meaning and definition Importance of Housekeeping, Sections of Housekeeping, Responsibilities of the Housekeeping department, a career in the Housekeeping department. Housekeeping Department: Organizational framework of the Department (Large/Medium/Small Hotel), Role' of Key Personnel in Housekeeping, Job Description and Job Specification of staff in the department, Attributes and Qualities of the Housekeeping staff – skills of a good Housekeeper, Inter departmental Coordination with more emphasis on Front office and the Maintenance department, Hygiene and Grooming Standards of Housekeeping Personnel			
UNIT – 2	ROOM SERVICING: Cleaning of Guest Rooms & Bathrooms: Daily cleaning of (Occupied/Departure/ Vacant/ Under Maintenance/VIP rooms (Systematic Procedures), Special Cleaning, Weekly Cleaning /Spring Cleaning, Evening service/ Turn Down Service, System & procedures involved, Forms and Formats, Replenishment of Guest supplies and amenities, Use of Maids Cart & Caddy.			
UNIT – 3	ROUTINE SERVICES: Cleaning of Check out room ,Cleaning of Occupied Room, Cleaning of Vacant Room., Evening service			
UNIT - 4	UNIT - 4 CLEANING EQUIPMENT: General considerations & selections ,Classification & Types of equipments, Floor trolley, Vacuum Cleaner etc. Method of use & mechanism for each type ,Care & maintenance. CLEANING AGENTS: General criteria for selection ,Classification			
	HOUSEKEEPING –I PRACTICAL			
cleaning Equipm (Paste cha 2) Basic cleaning p Check-out room, Vacant room, Ev	1	3) Procedure for Bed making: Day Bed Night Bed		
Joan Geor	ir Andrews: Hotel Housekeeping C. Branson: Hotel, Hostel & Hospital Houseke gia Tucker: The Professional Housekeeper Mary & Heinemann: Housekeeping Managem			

BUSINESS COMMUNICATION (RHM -105)

OBJECTIVE:- By the end of the course the students should:

Understand constituents of technical written communication.

Understand the Value of Communication for better human relations in day to day life.

Understand the Importance and observance of social skills and Etiquettes in various occasions

Understand the various forms of verbal and Nonverbal, Formal and Informal communications.

Build and use Business Vocabulary.

UNIT - 1	COMMUNICATION:- Nature of communication, Process of communication, Types of communication(verbal and non verbal),Importance of communication, Different forms of communication ,Barriers to communication causes , Linguistic Barriers, Psychological Barriers , Interpersonal Barriers, Cultural Barriers , Physical Barriers , Organizational Barriers				
UNIT – 2	CONSTITUENTS OF TECHNICAL WRITTEN COMMUNICATION Word & Phrases, Word formation, synonyms & Antonyms, Homophones, Vocabulary of 500 to 1000 new words, requisites of sentence construction, Paragraph Development,				
	Techniques & Method- Inductive, Deductive, Spatial, Linear, Chronological etc, The art of Condensation- Various Steps.				
UNIT – 3	NIT - 3FORMAL VERBAL COMMUNICATION: Group discussion, Interview, Extempore, Business negotiation, Public speaking, Meeting, Toasting, Counseling, Business presentation ,Oral Presentation, Power point Presentation				
UNIT - 4	 SOCIAL SKILLS FOR MANAGERS: Update of Etiquettes a Manager should observe in various formal and informal Situations; The Knowledge of Body language. BUSINESS VOCABULARY BUILDING AND USAGE Essay Writing Comprehensions Précis, Writing Elocution, Telephone Etiquettes 				
References:-	References:-				
Murphy & Peck: Effective Business Communication					
	roe and Ebninged: Speech Communication shreet and Baty: Business Communication				
	ard E. Cable: Public relation and Communication				
	C.B. Gupta: Office Language				

Alien Pease: Body Language

	INTRODUCTION TO HOSPITALITY INDUSTRY				
(RHM -106)					
OBJECTIVE:- The objective of this course is:					
	To import a systematic and fundamental knowledge about growth and functions of hospitality industry.				
	To explain the hospitality distribution channels.				
To establish sign	nificance, processes involved in the Industry				
HOSPITALITY INDUSTRY- A PROFILE:					
UNIT - 1	Meaning & Definition, Historical Evolution & Development of Hospitality Industry,				
	Hotel Guest, Type of hotel guest, types of hotel rooms, hotel banquets and ball rooms				
	,major contributors to hospitality industry, Hotel organization :-				
	1) Hotel revenue center				
	2) Hotel cost center 2) Organizational structures Small, Madium Large Very Large Hotels				
	3) Organizational structures –Small , Medium ,Large ,Very Large Hotels THE LODGING INDUSTRY				
	Concept, and its importance; definition of the hotel Types & Classification of Hotels on				
UNIT – 2	different basis; Star Categorization, Heritage Hotels and others in India, Organization				
	Structure of Hotels; Origin, growth and development of Hotel Sector in India.(ITC, The				
Taj Group, The Oberoi Group), Foreign Hotel Chains in India – Hilton, Marriott, Hyatt					
	HOSPITALITY DISTRIBUTION CHANNELS:				
UNIT – 3	Meaning & Definition, Functions & Levels of Distribution channels, Major Hospitality				
	Distribution Channels – Travel agents, Tour operators, Consortia & Reservation System,				
	Global Distribution System (GDS), and Internet.				
	INTRODUCTION TO TRAVEL AND TOURISM INDUSTRY				
UNIT - 4	Over view of Travel & Tourism Industry, Interrelationships within Travel, Tourism &				
	Hospitality Industry, Components of Travel & travel trends. Role of Tour operators & Travel agents. Major Players of Travel & Tour Operations				
References:-	Travel agents. Major Players of Travel & Tour Operations.				
	Wherich & Koontz : Principles of Management				
	L. M. Prasad : introduction to management concept Tripathi & Reddy :				
	K Bhatia : International Management				
	R N Kaul : Dynamics of Tourism				
	Robert lewis & Richard Chambers : Marketing Leadership in Hospitality				
- soote to the of a change of a standorn g Doudership in Hospitanty					

FOOD PRODUCTION - II (RHM -201)

OBJECTIVE:- During the course the students should:

Learn about the various commodities required for food production, their market forms, selection, storage and use. Understand the fundamentals of menu planning & standard recipes. Enhance the basic culinary skills.

		MENU PLANNING & RECIPE FORMULATION:			
1	UNIT - 1	Menu Planning: Factors affecting menu planning, Standard Recipes: Definition, Format,			
		writing and costing.			
		BREAKFAST COOKERY			
	UNIT – 2	English, American, Indian -regional Breakfast,			
•		Eggs, cereals, rolls and other breakfast varieties			
		COMMODITIES			
		MILK AND MILK PRODUCTS: Composition of milk, storage, types of milk, cream			
		Butter, curd			
l	UNIT – 3	CHEESE Production of cheese, types of cheese, Cheese varieties from different countries.			
		VEGETABLES: Classification, selection,			
		FRUITS: Classification, selection			
		SOUPS AND SALADS :- Soups: Introduction, Classification, Preparation, Salient			
	UNIT - 4	Features, Care and precautions, trends in soup presentation. Salads: Introduction,			
		compositions, types, dressings,			
FOOD PRODUCTION -II (RHM -251)					
		PRACTICALS			
1) V	Various Breakfa	asts preparations			
2) K	Kitchen First Ai	d			
3) H	Handling Fire				
4) P	Preparation of S	oups (Minestrone, Consommés, Cream Soups, Puree Soups, Clear Soups, Bisques, Cold			
S	Soups, Chowder	rs and others)			
Refer	rences:-				
	The	ory Of Cookery – Krishna Arora			
	Mo	dern Cookery – Thangam E. Phillip			
	Jan	e Grigson : The Book of Ingredients			
	J. I	nder S. Kalra : Prasad Cooking			
	Ler	ol A. Polsom : The Professional Chef			

FOOD & BEVERAGE SERVICE -II (RHM -202)

OBJECTIVE:- By the end of the semester the students should be able to: Understand various restaurant services. Understand type of meal and menu. Develop knowledge of the restaurant control system. Understand the processing manufacturing and service of cigar and cigarettes. Acquire the requisite technical kills for competent service of Food & Beverage.

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UNIT - 1	UNIT - 1Food and Beverage Services in Restaurants: - Introduction, Concept of Restaurant, Types of Restaurants, their salient features; Set up of Restaurants and their Layouts, Restaurant Teams Organizational Structure, Modern Staffing in various hotels, Method and procedure of receiving guests, taking guest orders, Service equipment used and its maintenance, Coordination with housekeeping for soil linen exchange, Physical inventory monthly of crockery, cutlery, linen etc., Equipment, furniture and fixtures used in the restaurant and their use and maintenance, Theme and Speciality Restaurants, Celebrity				
UNIT – 2	Coffee Shop & Breakfast Service: Introduction, Coffee Shop, Layout, Structure, Breakfast- Concept, Types & classification, Breakfast services in Hotels, Preparation for Breakfast Services, Mise-en-place and Mise-en-scene, arrangement and setting up of tables/ trays, Functions performed while on Breakfast service, Method and procedure of taking a guest order, emerging trends in Breakfast Services and salient features				
UNIT – 3	Room Service/ In Room Dinni Dinning, Their Salient Feature Room Service Equipments, Se Tools Clearance, Presentation	ing: Introduction, Concept of Room Service/ In Room es, Understanding Guest expectations in Room Service, et up of Trays & Trolleys, Upkeep and Storage, Service of Bills, Room Service Dos & Don'ts. Mini Bar Guest Interaction – Have and Have not's.			
UNIT - 4	Non Alcoholic Beverages & Mocktails: Introduction, Types (Tea, Coffee, Juices, Aerated Beverages, Shakes) Descriptions with detailed inputs, their origin, varieties, popular brands, presentation and service tools and techniques. Mocktails – Introduction				
Types & Serv 2. Guest Interac Do's & Don' 3. Understandin	 Types & Service Techniques Guest Interactions while on Food Service – Do's & Don'ts Understanding Mocktails, Their Presentation and Services (At least ten Layouts, Presenting Menus, precautions while dealing with guests, Commitments with guests, Food Pickup Procedures, Clearance and Dishwashing Procedures Room Service Practical, Taking of Orders, 				
 types of Mocktails) 4. Breakfast Services: Types, Breakfast Layouts, Menu Knowledge, Table Services, Clearance & Acknowledging guests. 5. Familiarization with Food Service in Restaurants (Receiving Guests, Table Layouts, Complimenting them, Presentation of Bills, Dealing with in house/residential guests) Delivery of Food Services, Identifying Room Service Equipment, Importance of Menu Knowledge for Order-taking (RSOT functions/procedures), Food Pickup Procedure, Room service Layout Knowledge, Laying of trays for various orders, Pantry Elevator Operations, Clearance Procedure in Dishwashing area, Room service Inventories and store requisitions 					
Sudhir And	rews: F & B Service Trg. Manual llicrap: F & B Service				

	FRONT OFFICE - II				
	(RHM -203)				
	OBJECTIVE:- The objective is to make students aware of:				
	a. Registration, its types, importance and aspect.				
	b. The components of registration process for individual guest, foreigners and VIP's.				
c. A proper systema	tic way of sorting a shift and hand over a night audit.				
UNIT - 1	GUEST REGISTRATION AND CHECK IN PROCEDURE Meaning of registration. Importance of registration ,The check in procedure for individuals ,Pre arrival activities ,On arrival and post arrival . Guest registration documents. Luggage handling at the time of arrival. Room selling techniques				
UNIT – 2	HANDLING GROUP ARRIVALS: Meaning of a group and Types of groups. Group check in procedure. Pre arrival procedures. Welcoming and handling of check-in at the time of actual check-in. Post arrival activities will reference to group types.				
UNIT – 3	THE CHECKOUT PROCEDURES The Guest Departure and Post Departure Services at Front Desk: The guest accounting, the guest ledgers, city ledger, tips and advances, front office cash sheet, paid out, bank net				
	receipts, over and shorts, settlement of bills, credit card handling, handling vouchers of – room rate, food sales, laundry, other guest services, miscellaneous charges, credit security measures, cash and credit control, express check out, early and late check outs, group departures, post departure courtesy services				
UNIT - 4	FRONT OFFICE SHIFT OPERATIONS Starting of work shift and regular task during the shift VIP movement in hotel shift Ending work shift and shift handover procedure General assistance and concierge service				
	FRONT OFFICE -II (RHM -253) PRACTICALS				
1. Greeting and rece					
Ū	edure of guests: walk-in, reserved.				
3. Allotment of room	ns and handing over keys.				
4. Post arrival activities at the reception.					
5. Check-in procedures for foreigners.					
6. Check-in procedu 7. Group check-in.	6. Check-in procedures for VIP.				
8. Statistical method	ls				
9. Shift hand over p					
-	lowing days arrival and departures.				
References:-					
D	Dennis L. Foster: Back Office Operation & Admn.				

	HOUSE	KEEPING - II	
	(RF	IM -204)	
 a. Students will b. Floors – typ c. Knowledge d. Daily routing e. Learn about 	complete the student experience of all l get the knowledge about the public an es of floor finishes, methods of cleanin about wall finishes, their types, uses an	housekeeping routines including: rea cleaning task. g. Id cleaning wall covering. Id ing clerical job of the Housekeeping.	
UNIT - 1	Cleaning of Public Areas: Cloak rooms/ Restaurant/ bar/ banquet Halls/ Administration offices/ Lifts and Elevators/ Staircase/ back areas/ Front areas/ Corridor), FLOOR FINISHES: Classification and characteristics: Hard and soft floor finishes methods of cleaning. WALL FINISHES:		
		lic and back areas, Wall papers: Uses, merits and demerits.	
UNIT – 2	Pest Control: Types of pests, Control procedures, methods Safeguarding Assets: Concerns for safety and security in Housekeeping operations. Concept of Safeguarding assets.Types of waste and waste disposal method .		
UNIT – 3	DAILY ROUTINES & SYSTEMS OF HOUSEKEEPING DEPARTMENT: Control Desk Activities. Staff Allocation, Duty Roasters. Key Co-ordination areas RECORDS AND FORMATS MAINTAINED IN THE HOUSEKEEPING DEPARTMENT.		
UNIT - 4	GUEST ROOM INSPECTION – C COMPOSITION, CARE AND CLI Metals, glass, leather, plastic, cerami	EANING OF:	
		ING -II (RHM -254)	
		CTICALS	
1. Basic cleaning procedure in guest room:3. Floor polishing and finishing:a. Check-out room.a. Different stones like granite, marble, sand stoneb. Occupied room. c. Vacant room.a. Different stones like granite, marble, sand stoned. Evening service.c. Different metals e.g. brass silver and E.P.N.S.,e. Clerical jobs to undertaken in the above cases.c. Different metals e.g. brass silver and E.P.N.S.,3. Floor polishing and finishing:a. Different stones like granite, marble, sand stonea. Regular (Daily)b. Periodical (Weekly)b. Periodical (Spring)4. Guest room inspection: Check-list			
References:- Su	dhir Andrews: Hotel Housekeeping		

Joan C. Branson: Hotel, Hostel & Hospital Housekeeping Georgia Tucker: The Professional Housekeeper Rose Mary & Heinemann: Housekeeping Management for Hotels Devid Allen, Hutchinson: Accommodation & Cleaning Services

NUTRITION (RHM -205)

OBJECTIVE:- This course is designed to acquaint the students with the basic concept of nutrition which will finally provide support to their knowledge about Food & its preparations. By the end of the semester the students should be able to: Know the importance of food and nutrition. Understand the role of various nutrients in our body. Conceptualize the fundamental of balance diet. Know the effect of storage, pre-preparation and cooking on nutrients. Use the knowledge of nutrition for retention of nutrients while preparation of food and during menu planning.

pranning.		
UNIT - 1	INTRODUCTION TO NUTRITION:	
	Definition of Nutrition; Importance and scope; the various nutrients.	
	FOOD AND OUR BODY:	
	Role of food in our life; recommended dietary intakes (RDI), Calorific value of food; The five	
	food groups;	
UNIT – 2	ROLE OF NUTRIENTS IN OUR BODY-I:	
	a. Carbohydrates: Classification, functions, Deficiency and excess of carbohydrates, sources.	
	b. Fats: Classification of Fats, Functions, deficiency & excess of Fat; sources.	
	Proteins: essential amino acids, classification of protein, functions of proteins, systems of	
	protein Deficiency, Protein energy malnutrition (P.E.M.), Sources of protein.	
UNIT – 3	ROLE OF NUTRIENTS IN OUR BODY – II:	
	Vitamins: Classification of vitamins function deficiency & excess and sources of all vitamins	
	ROLE OF NUTRIENTS IN OUR BODY – III:	
	a. Minerals: Classification, Sources and functions & deficiency of various minerals - Iron,	
	Calcium, Iodine, Sulphur, Potassium, Phosphorous, Sodium, Zinc etc. (elementary study	
	only). Water: Functions, sources & diseases.	
UNIT - 4	BALANCED DIET:	
	Concept of balanced diet	
	Menu planning-Definition, aim & importance Menu planning for specific requirements viz.	
	infants, children, adolescent, adult man & women; nutritional requirements during specific	
	conditions viz, pregnancy, lactation & old age.	
	EFFECT ON NUTRIENTS WHILE:	
	a. Storage.	
	b. Pre-preparation.	
	c. Cooking.	
	Measures to be taken to prevent nutrient loss during cooking	
References:-		
Fundamentals of Food & Nutrition: Mudaambi & Raajgopal		
	Normal & Therapeutic Nutrition: H. Robinsson	
	Clinical Dietics & Nutrition: F.P Aanita	

FRENCH (RHM -206)

OBJECTIVE:-

This course is designed to acquaint the students with the basic concept of French language which will finally provide support to their knowledge about French Terms of Food & Beverage

	GRAMMAR:
UNIT - 1	 Nouns 2) Indefinite articles 3) Definite articles 4) Prepositions 5) Negation 6) Interrogatives 7) Irregular verbs (Present tense) : être 8) Regular verbs (Present tense): -er 9) Expressions : c'est, ce sont, il y a. 10) Imperative mood 11) Contracted Articles
UNIT – 2	Vocabulary: 1) Alphabet 2) Days 3) Months 4) Colours 5) Numbers 0 to 100 (Ordinal, cardinal) 6) Parts of the face and body 7) Clothes 8) Fruits and vegetables 9) Festivals
	Communicative skills: 1) How to greet 2) Self Introduction
UNIT – 3	
UNIT - 4	Menu Terminology, Beverage Terminology – Alcoholic, Non Alcoholic
References:-	
Νοι	vel en Échanges, 3rd Revised edition, 2012: Neelima Raddi & Anjali Paranjpye.
Lex	icon of Hospitality. 2010, Deepanshu, Gupta Nitin & Gaurav